

PD Syllabus for Schools

Virtual

THE MINDSET OF A LEADER
DEVELOPING THE MINDSET REQUIRED TO BUILD OTHER
LEADERS FOR SUSTAINABLE LEADERSHIP

THE 7 E'S OF DEVELOPING LEADERS
THE SEVEN ELEMENTS OF MENTORING THOSE WE LEAD AND
MAXIMIZING THEIR POTENTIAL

EXPLORING MOTIVATION
CURRENT RESEARCH ON SUPPLEMENTING "CARROTS AND
STICKS" BY FOSTERING AN INNER DRIVE TO MASTER A SKILL

TALKING TO OURSELVES
HOW WE CAN MANAGE MESSAGES TO OURSELVES IN
UNGUARDED MOMENTS OR TIMES OF STRESS TO HAVE A
SIGNIFICANT IMPACT ON OUR LIVES.

AFFECTING MEANINGFUL CHANGE
CHANGE IS HARD, BUT WITH A SYSTEM OF INCREMENTAL
STEPS AND SMALL VICTORIES, WE CAN HELP OURSELVES AND
THOSE WE LEAD MAKE SUSTAINABLE CHANGES.

LOOKING BEHIND TO MOVE AHEAD
WHY LEARNING FROM EXPERIENCE, INCLUDING REGRETS, IN A
HEALTHY MANNER CAN HELP PROPEL US FORWARD WITH
CONFIDENCE AND OPTIMISM.

In Person (or virtual)

DEVELOPING THE INTROVERTED LEADER
TOO OFTEN WE LIMIT OUR OWN POTENTIAL OR MINIMIZE THE
UNTAPPED POTENTIAL IN THE QUIET MEMBERS OF OUR TEAMS.

CHAMPIONSHIP RESILIENCE
HOW QUICKLY AND EFFECTIVELY WE PUSH THROUGH ADVERSITY
- RESILIENCE - IS A SKILL THAT CAN BE STRENGTHENED
THROUGH 5 ELEMENTS.

THE SOUL OF A TEAM
THE FOUR FOUNDATIONAL ELEMENTS IN HIGH-PERFORMING TEAMS